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Dutch Oven Cooking: More Easy Dutch Oven One-Pot Meal Recipes (Dutch Oven Cookbook Book 2)



Synopsis

Cooking with Dutch ovens makes food taste so good! Prepare easy one-pot meals in a Dutch oven that your family will love! Download FREE with Kindle Unlimited! Simply put, a Dutch oven is just a big heavy pot with a lid. The lid is tight fitting, which allows the pot to retain moisture, heat, and flavor. The material used to make Dutch oven is usually cast iron or aluminum or enamel makes it possible to use your Dutch oven on the stovetop to fry, boil, grill, brown, and in the oven, to braise, bake, and slow cook, making it the most versatile pot in your kitchen. The many advantages of a Dutch oven include:

- Versatility. Because you can use it on the stovetop and in the oven, you can cook in it almost any way you want – boil, fry, broil, bake, stew, etc.
- It is pretty. Many models come in colorful designs that dress up kitchen shelves and tables. It has a vintage look. Dishes can be brought straight to the table without the need for a serving dish.
- It is durable. Many owners have had their Dutch ovens for decades and, except for some discoloration and minor chipping, their pots still work like new.
- It is energy efficient. The thick walls made of cast iron and the tight-fitting lid help distribute heat evenly and retain it, even after the pot has been removed from the heat source.
- It makes food more healthy and delicious. The tight lid helps keep in the flavors, and the steady heat makes meat super tender. The enamel lining also prevents any undesirable reactions between acidic food and metal.
- It makes cooking easy. Because you can go straight from stove top to oven, a lot of messy and time-wasting steps are eliminated from the cooking process.
- It is the ideal cooking tool for camping trips. Inside, you'll find:

- A short history of the Dutch oven
- Advice on buying, cooking with and maintaining your Dutch oven
- Delicious breakfast recipes such as the Buttery Berry Breakfast Treat and the Blueberry Dutch Fiesta
- Nutritious beef recipes such as the Rosemary Veggie Beef Roast and the Mushroom Beef Stew
- Wholesome pork and lamb recipes like the Pork Paprika Roast and the Braised Dutch Oven Lamb with Olives
- Satisfying chicken and poultry recipes such as the Chicken and Rice Casserole and the Zucchini, Corn, and Turkey Stew
- Delightful fish and seafood recipes like the Dutch Oven Chorizo Mussels and the Spicy Shrimp Meal with Fresh Herbs
- Tasty vegetarian and side recipes like the Dutch Oven-Baked Lentils and the Quick and Easy Cheesy-Ravioli-Veggie Casserole

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Customer Reviews

I have one and rarely use it, but should. The recipes in this cook book gave e some great choices found several recipes that I am going to try

I made a few of the meals and they are real easy to make.

Great cookbook. Only thing that would make it better is PICTURES I LOVE PICTURES!!!

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